



PARENT & ME FALL 2020-21

September through January (19 weeks)

The Parenting Center is providing virtual Parent & Me classes from the comfort of your home. Together as a community we will be singing, playing games, doing projects, and reading stories. During the last 15 minutes of class we will also discuss and explore developmentally age appropriate topics with articles that will be provided each week. Your kiddo can participate by singing along, observing the class, or playing on their own alongside us. A special materials kit will be included and available to pick up at TBH to go with the classes. A new kit with fresh art supplies will go home every 6-8 weeks.

STORYTIME TOTS (1-2.5 years)

Our Storytime class is about the wonderful discovery of literature through books, art, and songs. During this class, parents and children will create projects with sensory materials as we make the stories come alive. This is a fun, hands-on class that you and your kiddo will enjoy.

MONDAYS 9:30 a.m. – 10:30 a.m.

\$360 for 16 classes (OR \$25/class)

Sept 14, 21 Oct 5, 12, 19, 26 Nov 2, 9, 16, 23, 30 Dec 7, 14 Jan 4, 11, 25

OUTSIDE THE LINES (1-2.5 years)

Our Outside the Lines class promotes creative expression in your toddler. There are many ways to learn, discover and explore everyday objects. Through storytelling, sensory play, singing and movement, we will engage in the process of art and exploration. This is the perfect post-nap afternoon social activity to do together!

THURSDAYS 4:30 p.m. – 5:30 p.m.

\$385 for 17 classes (OR \$25/class)

Sept 17, 24 Oct 1, 8, 15, 22, 29 Nov 5, 12, 19 Dec 3, 10, 17 Jan 7, 14, 21, 28

PRESCHOOL READINESS (Formally Transition) (22 months-2.5 years)

Preschool Readiness is designed for the child who's next step would be to enter our ECE preschool. However, any child in this age group is welcome regardless of whether you will be attending our ECE. This class makes the shift into preschool smoother as we will engage in activities and routines that the children will experience when they begin preschool. These activities will include singing, art, self-care and so much more! If we are able to consider being onsite for classes at any point, we will reach out to everyone in advance for a thoughtful dialogue.

WEDNESDAYS & FRIDAYS 9:30 a.m. – 10:30 a.m.

\$775 for the session (31 classes) (OR \$30/class)

Wednesdays: Sept 16, 23, 30 Oct 7, 14, 21, 28 Nov 4, 18 Dec 2, 9, 16 Jan 6, 13, 20, 27

Fridays: Sept 18, 25 Oct 2, 16, 23 Nov 6, 13, 20 Dec 4, 11, 18 Jan 8, 15, 22, 29

SNUGGLERS INFANT PARENTING CLASS (1 – 12 months)

In our Snugglers parenting class we will spend time discussing parenting and infant developmental topics (sleep, nutrition, milestones, and more) along with music and movement activities designed to expand connection and attachment with your infant. This is a nurturing environment with an opportunity to connect with other families even while we are so far removed from each other.

WEDNESDAYS 11:30 a.m. – 12:15 p.m.

\$320 for the session (16 classes) (OR \$23/class)

Wednesdays: Sept 16, 23, 30 Oct 7, 14, 21, 28 Nov 4, 18 Dec 2, 9, 16 Jan 6, 13, 20, 27



Shanti is thrilled to be the Parenting Center Coordinator at Temple Beth Hillel. She has been teaching in our Early Childhood program for over 16 years and has been the facilitator of our Parent & Me classes for the last 12 years. Shanti was selected to be a part of the initial cohort of The First 36 Project, a neuroscience research program for educators in the 0-3 early childhood years and looks forward to bringing this cutting-edge information to our families.

