We Look Forward to Seeing You at the

“Celebrating 70” Gala on Saturday the 6th of May 2017
6:30 p.m.
at Temple Beth Hillel

Celebrating where we were then, where we are now, and where we are going!

"In the beginning..."

Join Us For Our Rededication Service (p.8)

For more information visit bethhillel.info
A Time to Celebrate
by Rabbi Sarah Hronsky

This week I had the delightful opportunity to teach a class of mature adults in a course at Pierce College. Their commitment to lifelong learning, their innate sense of curiosity and questioning, and their willingness to engage in the development of self was both inspiring and a reminder. A reminder that Judaism stands upon three pillars: “Al shlosha devarim ha’olam omeid: al haTorah, al ha’avodah, v’al gemilut hasadim. The world stands on three things: study, prayer and acts of loving kindness.” At TBH we are committed to all three pillars: 1. Prayer with our creative, meaningful, and thoughtful worship experiences. 2. Acts of loving kindness from feeding the hungry, working in our community helping others, mitzvah day, mitzvah bus, teaching about the giving of tzedekah and caring for one another deeply. And then we have number 3. Torah or study. One cannot look at this issue of our Hillel Omer without a smile of pride and joy seeing our many graduates across the decades.

From our littlest ones, whose Jewish identities have been solidly formed with a partnership between our ECE staff and their families at home. Having watched them grow these few years, singing the melodies of our people, recounting our stories, and celebrating Jewish holidays, we know the pride and knowledge they possess is far beyond their years. We will mark this milestone with Mechina graduation on June 6.

To our Elementary School sixth grade graduates, who have dived into Hebrew studies, a deep exploration of Jewish history, creating experiential Jewish art integration projects across the years, and lived their Jewish values every single day no separation between secular and Jewish studies. Their commitment to study is inspirational, and they will in turn teach us on June 5 when we celebrate them at their graduation.

Then we have our amazing Confirmation students, who stay beyond bar/bat mitzvah, learn every week with the clergy, give back to our younger students by serving as assistants in the classroom and being role models of pursuing Jewish Education. These Sophomores and Juniors push deeper and deeper every week questioning why this, why that, how do we apply this Jewish value to our life, where is God in this situation and more? We will commend their dedication to learning on May 26, as our Confirmation students lead services for our community. On this evening, our students will read the Ten Commandments standing Moses and the people at Sinai across the generations receiving the words of Torah.

And to our Adult B’not Mitzvah, who have spent two years in deep study: starting at the beginning learning the aleph–bet, pushing further practicing hour after hour to chant prayers and verses of Torah, looking closely at the Torah portion and writing a personal d’rash/interpretation of our portion. Hear about their journey and witness the moment they are called to Torah on May 19. I promise you will be fulfilling our pillar of study as you learn from these thoughtful women.

Plan to attend one of these moments of celebration of learning, for they will inspire all of us towards lifelong learning. Renew our desire as a “people of the book” to continue to engage in growth and knowledge.

Before our school year draws to a close, please know that it is never too late to take a class, to schedule a meeting with one of our clergy to explore a question or topic, and we invite you to a night of study on Shavuot. Shavuot is both an agricultural holiday and religious holiday, where we end the counting of the Omer and celebrate the gift of Torah. This year TBH will join many synagogues throughout the Los Angeles community as we celebrate the holiday through study, community, and prayer. On Tuesday, May 30, Valley Beth Shalom will be our host congregation, and the evening will feature Mark Hetfield, the national director of HIAS discussing the issue of refugees and the Jewish obligation to the stranger.

Mazal tov to all of our graduates, to all who have led services as a bar or bat mitzvah this year, and to our Confirmands who have completed significant study!

Mazal tov,
Rabbi Sarah Hronsky

1 Pirke Avot 1:2
SHABBAT & HOLIDAY OBSERVANCES

May

SHABBAT, MAY 5-6
Torah Portion: Acharei Mot—K'doshim, Leviticus 16:1-20:27
Friday, May 5
7:30 p.m.
Erev Shabbat Services
Services in the Bauman Sanctuary will be led by Rabbi Hronsky, Cantor Linsky, and the Adult Choir. Oneg to follow.

SHABBAT, MAY 12-13
Friday, May 12
7:00 p.m.
Erev Shabbat Services with Guest Speaker
Join us for a festive service led by Rabbi Hronsky, Song Leader Stein, Cantor’s Chanters, and Religious School’s 2nd & 3rd grade students. There will be special recognition for Cantor’s Chanters, and we will feature guest speaker and Executive Director of the ACLU, Hector Villagra. Birthday blessings will be shared. Oneg to follow.

SHABBAT, MAY 19-20
Torah Portion: B’chukotai, Leviticus 26:3-27:34
Friday, May 19
7:00 p.m.
Erev Shabbat Services
Join us for a festive service led by Rabbi Hronsky, Song Leader Stein, Cantor’s Chanters, and Religious School’s 2nd & 3rd grade students. There will be special recognition for Cantor’s Chanters, and we will feature guest speaker and Executive Director of the ACLU, Hector Villagra. Birthday blessings will be shared. Oneg to follow.

Saturday, May 20
9:30 a.m.
Drumming Shabbat
A Shabbat for young families led by Rabbi Hronsky and Song Leader Stein in the Feldman Horn Mercaz. A short service, Shabbat activity, and time on the play yard.

June

SHABBAT, MAY 26-27
Torah Portion: B’midbar, Numbers 1:1-4:20
Friday, May 26
7:00 p.m.
Confirmation & Shabbat Service
Celebrate the commitment of our Confirmation students as they lead us in service and the chanting of Torah in the Bauman Sanctuary. Services will also be led by Rabbis Hronsky and Steinman and Cantor Roher. Special Oneg in honor of our Confirmants.

Saturday, May 27
10:00 a.m.
B’not Mitzvah of Sadie & Hannah Potyk

OBSEVANCE, MAY 30
Tuesday, May 30

Please call us for time!
Shavuot Observance
TBH participates in an evening of study and prayer with congregations from around our community at Valley Beth Shalom.

SHABBAT, JUNE 9-10
Torah Portion: B’haalot’cha, Numbers 8:1-12:16
Friday, June 9
6:00 p.m.
Shabbat Dinner
RSVP at bethhillel.info

July 30 p.m.
Shabbat Service Celebrating Women of TBH
Service in the Bauman Sanctuary will be led by Rabbi Hronsky, Cantor Linsky, the Adult Choir, Women of TBH, and Cantor’s Chanters. Birthday blessings will be shared. Oneg to follow.

Saturday, June 10
9:00 a.m.
Shabbat Text Study
Join us in the Kaufman Beit Midrash for a community Shabbat dinner in honor of our Confirmands. Shabbat service, Shabbat activity, and time on the yard.

Saturday, June 17
9:00 a.m.
Confirmation & Shabbat Service
Celebrate the commitment of our Confirmation students as they lead us in service and the chanting of Torah in the Bauman Sanctuary. Services will also be led by Rabbis Hronsky and Steinman and Cantor Roher. Special Oneg in honor of our Confirmants.

Saturday, June 17
9:00 a.m.
Shabbat Morning Minyan
Join us in the Kaufman Beit Midrash for Shabbat Morning Minyan led by Rabbi Steinman and Song Leader Stein.

10:00 a.m.
Bar Mitzvah of Abby Samovitz

4:00 p.m.
Moses Program:
S’udah Shleesheet
This is a special outreach to Jews with disabilities. Please send an R.S.V.P via e-mail to Tobi Schneider at

SHABBAT, JUNE 23-24
Torah Portion: Korach, Numbers 16:18-32
Friday, June 23
5:45 p.m.
Shabbat Nosh
Join us in the Sands-Mallet Social Hall for light refreshments

6:05 p.m.
Musical Kabbalat Shabbat Service
Join us in the Kaufman Beit Midrash for a festive service led by Rabbi Steinman and Song Leader Stein.

Saturday, June 24
10:00 a.m.
Bar Mitzvah of Dylan Ravine

5:00 p.m.
Bat Mitzvah of Sarah Pfeifer

SHABBAT, JUNE 30
Friday, June 30
7:00 p.m.
Rockin’ Shabbat on the Upper Yard
Bring your Shabbat picnic, your voices, and your Shabbes joy as Rabbi Steinman, Cantor Linsky, and musical guests lead us in a Rockin’ Shabbat. Oneg to follow.

Congrats to our May/June B’nei Mitzvah!

May 27
Sadie Potyk Daughter of Debbie Potyk
Hannah Potyk Daughter of Debbie Potyk
May 27
Jennifer Weiner Daughter of Lisa & Steve Weiner
Samantha Sher Daughter of Debi Haynie & Brian Sher
June 10
Abby Samovitz Daughter of Leslie & Todd Samovitz
June 10
Dylan Ravine Son of Fabiola & Scott Ravine
June 17
Sarah Pfeifer Daughter of Mindy Levins–Pfeifer & Robert Pfeifer, z’l
June 24
Debbie Potyk Daughter of Sadie Potyk
Daughter of
June 24
Debi Haynie Daughter of Fabiola & Todd Samovitz

See page 16 for our Adult B’not Mitzvah!
We continue to feature WTBH Board Members who contribute so greatly to our programs for Temple: This month, we are highlighting one of Temple Beth Hillel’s long time members, Sheila Milov. She is generous of spirit, always giving of her time and energy, and committed to our Temple, community, and all things Jewish. Her knowledge of Torah, traditions, and practices is extraordinary, and we all learn from her. She willingly shares her knowledge and has spent many hours helping several of us learn our Torah portions for our b’nai mitzvah. Watching her take notes in Hebrew (in cursive!) during committee meetings to plan our Women’s Shabbat services with Rabbi Sarah is humbling.

Sheila was born and raised in Worcester, Massachusetts. Her parents emigrated from Lithuania and raised her and her three older brothers in the Orthodox tradition. They spoke Yiddish at home. Sheila attended Hebrew school everyday after her regular school day where she learned to read and write both Yiddish and Hebrew. Sheila remains fluent in both languages.

Sheila earned her B.A. in Elementary Education and a B.R.E. in Jewish Education from Stern College in New York, the women’s division of Yeshiva University. She also has two Master’s degrees in Education, one specializing in math/science, the other in administration. After college, Sheila returned to Massachusetts and taught elementary and religious school, and tutored students in Hebrew.

In 1972, Sheila married her husband Larry. They moved to California in 1974 and joined Temple in 1983. Sheila has two grown children. She was a teacher and math coach in LAUSD for 27 years before retiring in July of 2009. Sheila is now a docent at the Skirball Cultural Center. As a docent, she continues to learn and uses her teaching skills to lead tours and impart her love of Judaism to others.

Sheila has always volunteered. As a youngster, she remembers her mother asking her to help collect toys and clothes for needy children. Her father had a produce market and always donated food and money to...
Brotherhood has had an active spring. We congratulate the winners of the Seder in the Desert Horseshoe tournament and thank all who participated in our Jewish Jeopardy competition. We are pleased to be a part of the Religious School Confirmation service and once again present to the Confirmands The Jewish Holidays, A Guide and Commentary by Michael Strassfeld. Mazal Tov to these TBH graduates.

Sheila is currently a WTBH Vice President. She faithfully organizes our annual Tu BiSh’vat Seders and helps put together the Women’s Shabbat services with our clergy; is in charge of the oneg; heads the Redemption Center that WTBH runs for the Purim Carnival; and is on the Women’s Seder committee. Sheila helps and participates in all of our activities.

In 2010, at our Shabbaton, after helping so many others prepare for their b’nei mitzvah, Sheila read from the Torah becoming a bat mitzvah. Sheila gives for the sake of giving, a value she learned from her parents. When asked why she does so much, Sheila says, “Because that’s just what we should do.” She is a positive role model for us all. We are honored to call Sheila our friend.

Upcoming WTBH Event:
Friday, June 9—Women’s Shabbat and Braille Review Award presentation.

TBHers Headed to Camp This Summer

TBH members, are you attending a sleep-away Jewish Summer Camp or attending a program in Israel? TBH offers camperships and scholarships for those in need. To find out more please e-mail Rabbi Sarah at rabbisarah@tbhla.org

We also like to connect with our TBH children while they are at camp or in Israel. Send the information where your children will be attending and the dates they will be attending their program in an e-mail to Nardit at ngilboa@tbhla.org

B is for Brotherhood

Brotherhood has had an active spring. We congratulate the winners of the Seder in the Desert Horseshoe tournament and thank all who participated in our Jewish Jeopardy competition. We are pleased to be a part of the Religious School Confirmation service and once again present to the Confirmands The Jewish Holidays, A Guide and Commentary by Michael Strassfeld. Mazal Tov to these TBH graduates.

We also would like to thank those who assisted in the Brotherhood food booths at the Purim Carnival. We covered a range of gastronomical needs, kosher hot–dogs to those who wanted to eat fleishig and pizza to those who were in a milchik mood.

We are looking into having another of our summertime movie nights.
**Important School Dates**

**May**
- **Monday, May 1–Friday, May 5**
  ERB Testing for 4th–6th Graders
- **Tuesday, May 2**
  8:45 a.m.–ECE Community Assembly
  9:15 a.m.–ECE Parent Meeting and Thank You Breakfast
- **Thursday, May 11**
  3:00 p.m.–ECE School ends (no after care for ECE Only)
  6:00 p.m.–ECE and ES Open House
- **Wednesday, May 17**
  1:00 p.m.–ES Drama Tech Day
- **Friday, May 19**
  10:00 a.m.–Mechina Drama Performance
- **Saturday, May 20**
  9:30 a.m.–Drumming Shabbat
- **Saturday, May 20–Sunday, May 21**
  ES Drama Production
- **Monday, May 29**
  Memorial Day
  No School for ECE and ES
- **Wednesday, May 31**
  Shavuot
  No School for ECE and ES

**June**
- **Thursday, June 1**
  Shavuot
  No School for ECE and ES
- **Monday, June 5**
  5:00 p.m.–ES Graduation
- **Tuesday, June 6**
  5:00 p.m.–ECE Mechina Graduation
- **Wednesday, June 7**
  Noon Dismissal for ECE and ES
  Last day of school

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**ECE Summer Camp**

What makes for a fun summer camp experience? Being outside, exciting hands–on experiments, creative cooking, playing with water, and a nurturing and loving environment. Temple Beth Hillel’s ECE Summer Camp offers all this and more. Temple Beth Hillel’s ECE Summer Camp plans themed weeks, offers flexible schedules, and developmental grouping to fit your child’s needs.

Summer will be here before we know it! Our ECE staff is busy planning a rewarding camp experience for your children. If you would like more information or a tour of our facilities, please call 818–761–6983.

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**BHDS Presents**

**Disney MULAN JR.**

Saturday, May 20 at 7:00 p.m.
Sunday, May 21 at 2:00 p.m.
Tickets on sale May 1 for $10/ea

Saturday night pre–show dinner
May 20 at 6:00 p.m. $10/ea

Sunday night post–show tea party
May 21 at (approx) 3:00 p.m. $10/ea
Mazal Tov to Our Religious School 2017 Confirmands!
Confirmation Service May 26 at 7:00 p.m.

Olivia Bodner    Raegan Dyas    Jonathan Goldberg    Samantha Gugisch    Jared Matich    Jack Schnider    Sara Watson    Lucy Wirtz

Mazal Tov to Our Mechina ECE 2017 Graduates!
Graduation is June 6 at 5:00 p.m.

Benjamin Alexander    Ezra Angel–Seidner    Meyer Ballas    Elan Barbour    Jack Berson    Ava Carney    Rowan Carney    Alexandra Cohn    Henry Dorf    Noa Froindlikh

Noa Gozarkhah    Lucas Greenspan    Natasha Gross    Elena Hanusz    Jaxy Herschko    Hannah Hirsch    Micah Hytowitz    Logan Jarrick    Chloe Jeser    Zoelle Johnson

Ella Lerner    Hadley Levin    Brady Malin    Brendan McKinney    Cole Pally    Kira Pansing    Samuel Peterson    David Richards    Ethan Rochkind    Jake Rutten

Noah Ryan    Liam Schonbrun    Hannah Schroeder    Hudson Scurry    Micah Shultz    Ethan Spitz    Asher Sterling    Annabelle Walowitz    Sophie Weiner

Mazal Tov to Our BHDS 6th Grade 2017 Graduates!
Elementary School Graduation Ceremony is June 5 at 5:00 p.m.

Justin Leznik    Sarah Petri    Ella Miller    Sasha May    Makenzie Tonkins    Eden Hronskey

Mazal Tov to Our Mechina ECE 2017 Graduates!
Graduation is June 6 at 5:00 p.m.

2017 Graduates
NFTY Convention is a place where Reform Jews from all of the United States can come together and celebrate our Judaism with pride. With over 1,000 participants, we experienced workshops to benefit our daily life as Jews and leaders in our temples. I am honored to have experienced this event and would suggest it to anyone who is looking for more in their Jewish education.

–Oliva Bodner

For those of you who don’t know me, I’m a Junior in high school and this was my second NFTY convention. All of NFTY is special to me, but convention is especially significant for me, because two years ago it was my first NFTY event. This convention lived up to my memories of the last and overall it was a great event. I was able to learn about interfaith relations and visit the Broadway Youth Center and learn about the different ways that Jewish organizations can help youth and the homeless. It was an incredible learning experience, and I’m very grateful I was able to attend conventions twice during my time in NFTY.

–Jonathan Goldberg

May Youth Group Events

Sunday, May 7, 11:30 a.m.
Mountasia Family Fun
Club 345, Jr HRTY, and HRTY–Grades 3–12 are invited to join us.
$40 – ticket, transportation, and lunch included.
Please bring cash for Arcade.
We will meet* at TBH at 11:30 a.m. and return* to TBH at 5:30 p.m.
*Please coordinate pick ups and drop offs accordingly.

Please RSVP by May 4!

Questions about our Youth Programs?
Contact Ellie Laycook at (818)763–9148 ext. 109
–or–
Elaycook@tbhla.org

Temple Beth Hillel's 70th Year Rededication Service
Friday, June 2

Join us for a Shabbat service as we celebrate our past, honor our present, and look towards our future! We will begin the night with a Shabbat dinner at 6:00 p.m. Services begin at 7:30 p.m. and will include special guest speaker and URJ President Rabbi Rick Jacobs, our TBH Board Installation, as well as our Adult Choir with special guests. Our Rededication Service will be led by Rabbis Hronsky, Steinman, Kaufman, Cantors Linsky and Weiner. We will honor Past Presidents of TBH, Brotherhood, Women of TBH and their descendants. Oneg to follow.

R.S.V.P. for dinner by May 30th at bethhillel.info
We thank you in advance for your help.

Mitzvah Circle

this very special occasion.

We look forward to seeing all of you on

Linda Schwartz Vacca: 818–368–6693
–or–
Leslie Sands Rouff: 818–990–8060

If you know the whereabouts of any of these people, please contact either:

Leslie Sands Rouff: 818–990–8060
–or–
Linda Schwartz Vacca: 818–368–6693

We look forward to seeing all of you on this very special occasion.

We thank you in advance for your help.

Dear TBH members,

As part of our service of Rededication on Friday, JUNE 2, TBH will honor its past as well as its future. We want to recognize as many descendants of our past Presidents of the congregation, Brotherhood, and Women of TBH (formerly known as Sisterhood).

If you know the whereabouts of any of these people, please contact either:

Leslie Sands Rouff: 818–990–8060
–or–
Linda Schwartz Vacca: 818–368–6693

Connery, and continuing Committee Chair Greg Alpert, among others. This old Akela will be moving into Boy Scout territory with my two sons and serving also as a Vice Chair in our local Scout District, where I serve on the Membership Committee. But my heart will always be with Pack 311, and I look forward to mentoring the new leaders and helping out where I can, particularly with the annual themed "Adventure Camps" that the boys so eagerly look forward to every year.

This year in particular, May 11 is when we'll have the final Pack Meeting for our oldest “Arrow–of–Light” Scouts, followed the next day by our arrival at this year’s Adventure Camp, with the theme of “Pack 311 and the Council of Superheroes.” On May 21 there will be a hike in Will Rogers State Park, then on May 25, we'll hold our last Pack meeting of the 2016–2017 Cub Scout year, when our proud boys will “bridge” to their next rank levels in a very special ceremony, which means there will be openings for new Lions and Tigers to join the Pack!

Also happening in May, on Saturday the 27th, two days before Memorial Day, Pack 311 will join other Cub Scout Packs, Girl Scout and Boy Scout Troops in one of the most solemn and important duties that Scouts perform—the planting of flags on the graves at the Los Angeles National Cemetery in West Los Angeles. Until you've actually experienced this event, you have no idea how truly breathtaking the sight of 85,000 American flags is.

On the last Tuesday in May, the Cub Scouts will be wearing their uniforms to school to generate excitement for “Recruitment Night” on June 1, followed a few days later by the annual Channel Islands Sport Fishing trip (with Boy Scouts from TBH's own Troop 36), where the Scouts will see marine wildlife (perhaps even blue whales), kelp forests, and all that the Channel Islands have to offer—and they'll do their best to catch rock fish, sand bass, ling cod, sheephead, and barracuda.

Did I mention there will be openings for new recruits? Boys who register with Pack 311 in the summer months get to participate in all the summer Pack activities, beginning with a Summer Kickoff Campfire on June 14 (Flag Day) featuring nature stories, campfire songs, s’mores, and a flag retirement ceremony.

Pack 311 welcomes boys in kindergarten through fifth grades, or 6–10 years of age, from all religious and family backgrounds. For more information, please visit us on the web at www.cubpack311.com

2017 Mitzvah Brunch Attendees

From Left to Right, Back to Front: Bruce Silver, Mark Singer, Herb Slavin, Eric Goldman, Joseph Steinberg, Gail Steinberg, Paul Wunsch, Gail Wunsch, Frank Balkin, Steve Rouff, Bill Weise, Rachel Ehrich, Marc Ehrich, Joan Weise, Barbara Singer, Sheila Milov, Leslie Rouff, Tobi Schneider, Heather McPherson, Rabbi Sarah Hronsky

To find out more about the Mitzvah Circle e-mail president@tbhla.org
H2-Oh what a great place to live.

Yes, we have a pool. It’s nice. It’s refreshing. And it’s calling your name.

But that’s not the only reason The Village at Sherman Oaks is such a great place to live. There’s also the many options you’ll find for fitness, socializing, healthy fine dining, and more.

And if you need a little help, we offer assisted living services, too.

We invite you to see it all for yourself at a complimentary lunch and tour.

Please call 818.245.5832 to schedule.
Independent & Assisted Living Residences

H2-Oh what a great place to live.
Yes, we have a pool. It’s nice. It’s refreshing. And it’s calling your name. But that’s not the only reason The Village at Sherman Oaks is such a great place to live. There’s also the many options you’ll find for fitness, socializing, healthy fine dining, and more. And if you need a little help, we offer assisted living services, too.

We invite you to see it all for yourself at a complimentary lunch and tour. Please call 818.245.5832 to schedule.

Sponsors

Jamie & Zoe Stevens
Levine Family - In honor of Alice ‘Vashti’ Levine
Mark & Barbara Singer
Olde Tyme Floor Company, Inc. & Schneider Family
Pfeifer Family
Raphael, Komsky, & Shapiro Families
Rabbi Sarah & Yuri, Zoe, Eden, Josie, & Ryan Hronsky
Rabbi Eleanor Steinman & Rabbi Denise Eger
Rabbi Jim, Sue, Josh, Seth, Asher, Noah, & Daniella Kaufman
Rouff Family

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Sheila Beller
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Summer Art Academy
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Levine Family - In honor of Alice ‘Vashti’ Levine
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TBH Brotherhood
Virginia & Phil Raucher
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Women of TBH

Volunteers

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Leslye Adelman
Shayna Alpert
Michele Ambers
Joni Angel
Arlene Balkin
Frank Balkin
Naomi Beck
Jeme Benadon
Brett Bereny
Glenn Block
Nickie Bryar Block
Rachel Brachman
Myrna Coen
Madison DeSmet
Sean DeVore
Chris Dwyer
Sari Edber
Eda Endewardt
Lisa Fredlender
Ren Friedman
Susan Gesshel
Freddie Goldberg
Eric Goldman
Michael Goldman
Susan Goldman
Jan Goldsmith
Mark Gragnani
Melanie Gragnani
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*Tobi Schneider
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Grant Thomas
Darren Turbow
Jeanne Turbow
Zoe Utsler
Joe Utsler
Julia Wackenheim
Peter Weiss
Jake Willinger
*Nancy Willinger
Edie Yukelson

Thank you to our countless number of volunteers who helped to make Purim 5777 a HUGE success!
Is the Pursuit of Happiness the Right Goal?

by Gussie Sitkin, MFT,
Clinical Director of Community Counseling Center at TBH

In an article in “Counseling Today” dated Feb. 2017, Laurie Meyers, writes that “Most Americans seem to believe that (happiness) is something to which we are entitled. After all, happiness—or at least the pursuit of it—is enshrined in the Declaration of Independence.”

It is true that we invest a significant amount of time, money and effort looking for that magical thing in the hope that we will be able to have it. There is even a whole school of positive psychology that has devoted much of its time to the study of happiness.

But what is happiness? Is it a state of being? A process? A transient emotion? And, whatever it is, can we achieve it? Perhaps, happiness isn’t exactly what most people are looking for after all. Happiness ought to be something we obtain on a permanent basis if we just put together the right combination of life factors — a nice body, a good partner, a strong education, a large salary, etc. If we’re unhappy, we work out more and eat less, end a relationship and/or start a new one, change schools or jobs, etc. But none of these things can deliver lasting happiness. They don’t change its fundamental nature as fleeting and elusive. It’s a good thing to have, but how do we hang onto it?

Some people seek happiness by avoiding reality, thinking that if we can avoid the bad things in our life we will be happy. We all have rough days and try to relax with a drink or a smoke. Other people use fantasy to spice up their sex lives. However, avoiding reality on a relatively permanent basis cannot ultimately lead to happiness.

Another author has written a book on happiness and well-being. He writes that there are limitations of happiness as a key to life satisfaction. This is because happiness is too based on mood, so we must focus on well-being.

It sounds to me that contentment would be a better goal than happiness. Contentment is a quality of “OKness” that is non-relative and present for the most part without regard to circumstance or situation. Contentment can include moments of happiness, but it doesn’t demand that those feelings stick around. Contentment transcends happiness and allows it to actually be what we already know it is—sometimes fleeting and elusive.

For people who aspire to contentment in their lives, people must begin to understand what really ails them—the problem underneath the problem. If it’s a job situation that is unsatisfactory, the approach is to find the problem underlying the job situation. Whatever the reality is, seek to understand its origin and then act on it.

If support is needed to help with defining the problems that are causing unhappiness, counselors can be very helpful. The key difference between happiness and contentment is the movement from the external to internal source of strength and resilience. Resolving those problems can be important to reaching contentment and yes, happiness.

For more information, call the Community Counseling Center at 818–762–4817.
Calendar of Special Events

Temple Closures for May-June
Please be advised that the Temple office will be closed for a few days over these two months in observance of holidays. These dates are as follows.
Mon., May 29 - Memorial Day
Wed., May 31 - Shavuot
Thur., Jun. 1 - Shavuot Yizkor

Tuesdays
12:30 p.m.
Adult Education: Torah Tuesdays
Study the weekly Torah portion for an hour. No previous experience required.

RSVP AND BUY TICKETS ONLINE for courses, dinners and special events at bethhillel.info

May

Wednesday, May 3
6:00 p.m.
TBH Event Fair
Need a memorable simcha? Come to our event fair and meet local vendors, try samples, ask questions! Please call/e-mail Nardit Gilboa with any questions: (818)763-9148 ♦ ngilboa@tbhla.org

Saturday, May 6
6:30 p.m.
"Celebrating 70" Gala
Come and celebrate Temple Beth Hillel and dance the night away! We will have a delicious dinner, musical guests and entertainment, and much more! RSVP today at bethhillel.info

Sunday, May 7
11:15 a.m.
PATH - Making Lunches for Bunches
Please join us as we assemble 100 lunches for the homeless. We are also in need of supplies. See how you can get involved by visiting tbhla.org/social–action

June

Friday, May 26
7:00 p.m.
Religious School Confirmation
Celebrate the commitment of our Confirmation students as they lead us in service and the chanting of Torah in the Bauman Sanctuary.
(See p. 3 fore more)

Saturday, June 24
7:30 p.m.
Rosh Chodesh with the Women of TBH
Join the Women of TBH in the Feldman Horn Mercaz for a celebration of the new moon. RSVP to sisterhood@tbhla.org

Tuesday, May 9
3:30 p.m.
PATH - Making Lunches for Bunches
Please join us as we assemble 100 lunches for the homeless. We are also in need of supplies. See how you can get involved by visiting tbhla.org/social–action

July

Thursday, June 22 through Sunday, July 2
TBH Goes to Israel
Join us for a trip to Israel with Rabbi Sarah and her family. To register go to tbhla.org and follow the link!

For more information, check out our online calendar at tbhla.org/calendar

• Events
• Holidays
• Services
...and More!
Mark a birthday, bar or bat mitzvah, anniversary, yahrzeit or special occasion with a donation to Temple Beth Hillel.

Make your choice from the funds, which are listed below, then send your tribute and payment to:

Temple Beth Hillel, 12326 Riverside Drive, Valley Village, CA 91607

Please include the name and address of the person you are honoring, so that we can send a special acknowledgment card in your name. You can also make your donation online at tbhla.org/donate.

Clergy Funds
• Rabbi Sarah Hronsky Fund
• Rabbi Eleanor Steinman Fund
• Cantorial and Music Fund
• Emeritus Rabbi Jim Kaufman Fund

School and Youth Funds
• Beth Hillel Day School
• Elementary School
• Early Childhood Education
• Religious School
• Scholarship
• Campership

Community Outreach Funds
• North Hollywood Interfaith Food Pantry Fund
• Community Counseling Center Fund
• Moses Fund

• $360 Construction Fund
• Tree of Life Fund
• Endowment Fund

A complete list of Temple funds is available online at tbhla.org/donate

Remember—all donations are tax-deductible!

Peter Weiss, by Zan Fralich, Howard Blumenfeld, and Becca Inigo
Peter Weiss’s 80th birthday, by Barbara Weiss, David, Steve, Gabriel and Justin
Sue Balkin, by Arlene, Dani and Frank Balkin

Get Well Wishes to
Bill Weise, by Sheila Milov

In Honor of Rabbi Sarah
By Sheila Milov

RABBI ELEANOR STEINMAN FUND
In Appreciation of Rabbi Ellie
By Amy and Barry Hysowitz

MERERITUS RABBI KAUFMAN’S FUND
In Loving Memory of
Annie and Herman Berman, by Tara and Moshe Kaiserman, and family
Horace Marx, by Marion Marx
In Appreciation of Rabbi Jim
By Freddie and Jenni Goldberg
By Jeff Bremer
By Jamie Jacobson
By Kathy Seathoe
By Nadine Hops and family

COMMUNITY COUNSELING CENTER
In Loving Memory of
Noreen Canfield, by Tobi and David Schneider

DAVID S. MORHAR CAMPERSHIP FUND
Donations
By Virginia and Phil Raucher

DAY SCHOOL FUND
In Appreciation of
Kathryn Jensen, by Joan Weise

GEORGE FRIEDMAN SHOFAR FUND
In Loving Memory of
Seymour Slavin, by Herb Slavin

MAX SANS SPECIAL PROJECTS FUND
In Loving Memory of
Noreen Canfield, by Leslie and Steve Rouff

MEMORIAL AND TRIBUTE FUND
In Loving Memory of
Adolph Rosenblatt, by Robin and David Rosenblatt
Arlene Borteck, by Katherine and Leonard Klein
Bernard Fetter, by Allene and Dennis Rose
Bobbie Rohrich, by Janice and Larry Lang
Borych Groisman, by Angela and Arcady Hitterer
Charles Dauer, by Marcine and Brent Winnick
Dr. Bert Indin, by Jill and Matthew Sirotta
Ed Markowitz, by Barbara and Sam Markowitz
Eda Barbolet, by June Ross

Edith Harris, by Sylvia Marcovitch
Edna Honeman, by Karen Stern
Elise Schulman, by Carol and Robert Haymer
Fannie Weiner, by Jo and David Haimovitz
Florence Apple, by Arthur Apple
by Sandra and Roger Cohen
Frieda Schnitzer, by Jerrie and Marshal Safron
Gloria Rothfeld, by Marlene Putterman
Guy LaMarche, by Robin and Maurice LaMarche
Harold Rosenberg, by Susan and Larry Rosenberg
Harry Apple, by Sandra and Roger Cohen
Jacob Rabinovitz, by Lynn Rabin
Jeanne Fields, by Lori Weiss
Judith Suddleson, by Cheryl and Bob Shaw
Irving Reder, by Marina Misraje
Leah Neiman, by Annette Neiman
Leon Chaiken, by Marlene Putterman
Leonity Balshin, by Raisa Linetskaya and Dmitriy Linetsky
Marcella Storozum, by Amy Schancupp and Steven Storozum
Marcelle Zoller, by Dorothy Grosswirth
Marvin Schancupp, by Amy Schancupp and Steven Storozum
Mollie Hegner, by Lois and Allen Rothberg
Myer Shaw, by Jean and Barney Kort
Neal Howard, by Louise and Ira Howard
Pearl Nankas, by Louise and Ira Howard
Philip Olickman, by Alexander Olickman
Sally Goldberg, by Ted Goldberg
Sidney Elliott, by Rhea Sallin
Sylvia Black, by Gerrie Gussman
Syrl Salzer, by Carolyn Levin and the Salzer family
Tom Fey, by Lyn and Jeff Fey
William Waldman, by Lyn and Jeff Fey
Yetta Zuckerberg, by Sheila Beller

In Honor of
TBH’s 70th Anniversary, by Audrey Lieberstein
Donations
By Anita and Burton Levinson
By Carol and Robert Haymer

MOSES FUND
In Loving Memory of
Noreen Canfield, by Sheila Milov
In Honor of
David Schneider, by Leslie and Steve Rouff
Get Well Wishes to
Rita Silverman, by Sheila Milov

NEIL J. GITTELMAN FUND
In Loving Memory of
Rose Rosen, by Eileen Borow and family
Sherrill Hops, by Arlene and Sid Rosenblatt

NORTH HOLLYWOOD INTERFAITH FOOD PANTRY
In Loving Memory of
Bessie Simon, by Herb Slavin
Caroline Eisen, by Maxine Stern
Charles Simon, by Herb Slavin
Herb Notowich, by Arlene, Dani and Frank Balkin
Jean, mother of Linda Eckman and family, by Maxine Stern
Sam Goldstein, by Natalie Goldman
Sherrill Hops, by Jeanie and Victor Esban
Stanley Goldman, by Natalie Goldman

In Honor of
Ben Davidson, by Rabbi Ellie Steinman
David Schneider, by Rabbis Denise Eger, and Ellie Steinman
Frank Balkin, by Lynn and Victor Butcher
Shanna Peters, by Kathryn Jensen
Sue and Ron Dresher, by Lori Dinkin
Sue Balkin, by Lynn and Victor Butcher
Donations
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By Bobbi and Charles Baker
By Carol Somers
By Leslie and Steve Rouff
By Rabbi Shana Leon

RELIGIOUS SCHOOL DISCRETIONARY FUND
In Loving Memory of
Harry Slavin, by Herb Slavin

ROBERT AND BETTY JOSEPH REAPER FUND
In Honor of
Jeri Sterneck, by Barbara Elman
Jeri Sterneck, by Joyce and Harvey Reichard

ROEN AND JOHN PASTERNAK SCHOLARSHIP FUND
In Loving Memory of
Hyman Gerstein, by Susan Pasternak, Larry and Matthew Picus
Roen and John Pasternak, by Susan Pasternak, Larry and Matthew Picus

360 CONSTRUCTION FUND
Donations
By Julia and Tony LeWinter
By Myrna and George Weisenfeld

Please note that all contributions listed are through April 3, 2017.

TEMPLE FUNDS

In gratitude, we acknowledge the contributions of our friends to the mission of Temple Beth Hillel.

RABBI SARAH HRONSKY’S FUND
In Loving Memory of
Annette Michaels, by Margie Meadow
Beatrice Pasch, by Freddie Goldberg
Marvin and Harriet Halpern, by the Weise Family
Paul Buchman, by Freddie Goldberg
Sister-in-law to Jan Goldsmith, by Sheila Milov

In Appreciation of Rabbi Sarah
By Elisa Dyann and Edward Murayama
By Ellen and Greg Simon
By Jamie and Jordan Lessem and Eva
By Sue and Hanna Margules

In Honor of
Freddie Goldberg, by Sheila Milov

By Myrna and George Weisenfeld
In Our Community...

Refuah Shleimah

Wishing a full and speedy recovery to...

- Leslye Adelman
- Megan Fox
- Sharon and Morris Adato
- Sheila Milov

Condolences To...

- Charlene Lash and family on the death of Noreen Canfield
- Cynthia Cohen and family on the death of Richard Cohen
- Lisa Weiner and family on the death of Jodi Foster
- Nadine Hops and family on the death of Sherril Hops
- Susan Margulies and family on the death of Russel Margulies

We Proudly Welcome

- Mandy Smith, Matthew Reed Smith, and children Scarlet, Sterling, and Shepherd.
- Nicole and Robert Hanscum and children Olivia and Delilah
- Sarah Waldhorn, Gary Friedman, and daughter Layla

Mazal Tov to...

- Audrey and Jason Berkley and big sister Eliana on the birth of Maya Josephine
- Hayley and Kevin McSherry and big brother Jack on the birth of Esme Harper

Mazal Tov on These Special Wedding Anniversaries

- Arlene and Ira Ginsberg—65th
- Isabel and Paul Cohen—55th
- Carol and Stephen Marcus—50th
- Leslie and Steven Rouff—50th
- Beverly and Michael Greenberg—45th
- JoAnne and Jonathan Evans—40th
- Leslie and Tim Anderson—30th
- Corey and Jeremy Spiegel—20th
- Marta and Carl Harmon—15th
- Evelyn and Andrew Drapkin—15th
- Alexa and Matt Koblick—15th
- Lisa and Daniel Katz—15th
- Valerie and Evan Gardner—15th
- Heidi and Gabriel Miller—15th
- Lori and Warren Friedman—15th
- Melissa and Nathan Alexander—10th
- Matthew and Danna Wells—10th
- Jessica and Elliot Hirsch—10th
- Nathalie and Craig Bernstein—10th
- Farnaz and Josh Partnow—10th
- Kimberly and Jeremy Licht—10th
- Ilyssa and Curt Foxx—10th
- Jennifer and Kevin Berson—10th

Religious School: Registration Is Open!

TBH Religious School registration is open for all returning and new students. Don't miss out on early bird pricing!
Call: 818–763–9148 ext. 105
or e-mail: religiousschool@tbhla.org
Congratulations to Our Adult B'not Mitzvah!

Mazal Tov to:
Susan Edwards–Martin
and Christine Machlin
on their becoming
B'not Mitzvah!