Social Justice Shabbaton

All are welcome
Saturday, November 18
8:30 a.m. - 3:30 p.m.
Program is FREE
RSVP required: www.bethhillel.info

The Shabbaton experience will include learning, lunch, keynote speaker, prayer, and opportunities to take action. Some of our featured speakers include 1 Rabbi Joel Simonds from Jewish Center for Justice, 2 Maya Paley from National Council of Jewish Women, 3 Lee Winkleman from Religious Action Center for Reform Judaism, 4 Jonathan Parfrey from Climate Resolve, and 5 Selina Vasquez from Planned Parenthood Los Angeles' Young Professionals.

GIVE THE GIFT OF SHABBAT TO YOURSELF, LIFT YOUR HEARTS AND YOUR VOICE.
\textbf{From Our Rabbis}

Thank you to all of those who engaged in prayer with our sacred community throughout the High Holy Days. Your presence made our worship experience powerful and meaningful. My additional gratitude to our service leaders:
- Thank you to our Choir Director and Pianist Diane Lindsay, the choir, band, and our cellist.
- Youth Education Professional Ellie Laycook for our Youth programming and coordinating Sukkah Paloosa.
- We respect the anonymity of our 12-step service leaders but thank them for arranging this special service.
- We thank Howard Blumenfeld for his guided meditation and Chaplain Barbara Singer for leading the Yom Kippur discussion group.
- And thank you to our senior youth group, HRTY, for leading our youth service on Rosh Hashanah.
- Special thanks to Eric and Michael Goldman who led our George Friedman Shofar Corps class and organized our shofar sounders for their special task.
- Thank you to all of our shofar sounders.

\textbf{Reaching Out When You're Ill}

by Rabbi Eleanor Steinman

Did you know that you can remove a sixtieth of a person’s suffering simply by visiting them? According to the Talmud (Bava Metzia 30b), we learn that by fulfilling the positive sacred obligation of \textit{bikkur cholim}, visiting the sick, we can ease the ill person’s suffering. Now, this might cause you to wonder, why not cram 60 people into the room to take away all of the illness? Good question. Rabbi Abba clarifies, each visitor removes one-sixtieth of the remaining illness so even sixty visitors would not remove all remaining illness.

\textit{Bikkur cholim}, an immensely meaningful sacred obligation, is a vital aspect of the work that Rabbi Hronsky and I do as leaders of our congregation. There is just one catch, we need to know there is something going on with you or your family member. There was a time that it was the job of the clergy assistant to call local hospitals and receive the lists of the admitted Jewish patients. Since 1996 and the enactment of the HIPAA laws, a rabbi can no longer know who is admitted to the hospital unless the patient or a patient’s family member provides that information. Though there is much happening during a hospital stay, please add contacting Rabbi Hronsky or I to the list.

No \textit{bikkur cholim} visits are the same. In some cases an ill person may be too weak to have a conversation so singing and praying is all that takes place. Sometimes Rabbi Hronsky or I spend time offering our support to the caregivers, the family members sitting at bedside or in a waiting room. Other times we are able to speak on the phone to a patient or a family member and make arrangements for a visit once the ill person is at home or more stable.

While we hope all hospital stays are brief, it is our hope that we can be present for you and your family in these precious moments. Please make sure that your family members are aware of your relationship with our congregation and that it is appropriate for them to reach out to us via phone call or email.

May we have the opportunity to spend moments together celebrating and sanctifying life’s beautiful moments.\hfill\textcopyright

\hspace{1cm}\vspace{1cm}
SHABBAT & HOLIDAY OBSERVANCES

November

SHABBAT, NOV. 3-4
Friday, Nov. 3
5:45 p.m.
Shabbat Nosh
Join us in Sands-Mallet Hall prior to service.
6:05 p.m.
Kabbalat Shabbat
Join us in the Bauman Sanctuary for services led by Rabbi Hronsky, Cantor Linsky, and adult choir. Oneg to follow.
Saturday, Nov. 4
8:30 a.m. - 3:30 p.m.
Social Justice Shabbaton
Join us for a free program that will include learning, lunch, key note speaker, prayer, and opportunities to take action. Visit bethhillel.info to RSVP or for more info.
9:30 a.m.
Drumming Shabbat
For families with young children led by Rabbi Steinman, Zamar Goldberg and a pop-up children’s choir. Bring your Chanukiyot with you to light to follow.
5:00 p.m.
Bar Mitzvah of Ethan Harmon
Wednesday, November 11
6:00 p.m.
Shabbat Hike
Join Rabbi Hronsky at 1501 Will Rogers State Park Rd. located off of Sunset Blvd. in Pacific Palisades. We will hike a two mile loop to Inspiration Point and back. Bring your hat, sunscreen, and a smile. There may be a parking fee.
Saturday, Nov. 11
9:00 a.m.
Shabbat Hike
Join Rabbi Hronsky at 1501 Will Rogers State Park Rd. located off of Sunset Blvd. in Pacific Palisades. We will hike a two mile loop to Inspiration Point and back. Bring your hat, sunscreen, and a smile. There may be a parking fee.
Friday, Nov. 10
7:00 p.m.
Erev Shabbat Services
This service is in honor of our Veterans. Join us in the Bauman Sanctuary for services led by Rabbi Hronsky, Zamar Goldberg, and the Religious School 4-6th grade classes. Birthday blessings will be shared. Oneg to follow.
Saturday, Nov. 11
6:05 p.m.
Kabbalat Shabbat
Join us in the Bauman Sanctuary for services led by Rabbi Hronsky, Cantor Linsky, and adult choir. Oneg to follow.
Saturday, Nov. 18
8:30 a.m. - 3:30 p.m.
Social Justice Shabbaton
Join us for a free program that will include learning, lunch, key note speaker, prayer, and opportunities to take action. Visit bethhillel.info to RSVP or for more info.
9:30 a.m.
Drumming Shabbat
For families with young children led by Rabbi Steinman, Zamar Goldberg and a pop-up children’s choir. Bring your Chanukiyot with you to light to follow.
5:00 p.m.
Bar Mitzvah of Ethan Harmon
Wednesday, November 22
6:00 p.m.
Shabbat Hike
Join Rabbi Hronsky at 1501 Will Rogers State Park Rd. located off of Sunset Blvd. in Pacific Palisades. We will hike a two mile loop to Inspiration Point and back. Bring your hat, sunscreen, and a smile. There may be a parking fee.
Saturday, Nov. 24
6:05 p.m.
Kabbalat Shabbat
Join us in the Bauman Sanctuary for services led by Rabbi Hronsky, Cantor Linsky. Oneg to follow.

December

SHABBAT, DEC. 12
Torah Portion: Vayishlach, Genesis 32:4-36:43
Friday, December 1
7:30 p.m.
Erev Shabbat Services
Join us in the Bauman Sanctuary for services led by Rabbi Hronsky, Cantor Linsky, and adult choir. Oneg to follow.
SHABBAT, DEC. 8-9
Torah Portion: Vayeishev, Genesis 37:1-40:23
Friday, December 8
7:00 p.m.
Erev Shabbat Services
Join us in the Bauman Sanctuary for services led by Rabbi Hronsky, Cantor Linsky, and adult choir. Oneg to follow.
Tuesday, December 12
First Chanukah candle lit. (See page 9 for details.)
SHABBAT, DEC. 15-16
Torah Portion: Mikeitz, Genesis 41:44-17
Friday, December 15
6:00 p.m.
Chanukah Celebration & Shabbat
Bring your Chanukiyot with you to light before services. A short Shabbat service will be led by Rabbi Hronsky, Rabbi Steinman, Zamar Goldberg and a pop-up children’s choir.
6:45 p.m.
Chanukah Shabbat Dinner
Dinner and fun activities in the Sands-Mallet Social Hall. Reserve your spot for dinner at bethhillel.info. (See page 9.)

Congrats to our November B’nei Mitzvah!

November 18
Ethan Harmon
son of Carl & Marta Harmon
What a wonderful High Holy Day season! I am thankful to a lot of people. Thank you to the clergy for all the inspirational services and meaningful sermons. Thank you to the Cantor Solosist Steinman and our choir for the uplifting music. I would also like to thank our Executive Director for managing our operations during our busiest days. Thank you to our dedicated staff that was here for us throughout all the activities and services. The Brotherhood put up the sukkah and WTBH prepared onegs after services; thank you so much for your time and efforts. I would also like to thank the Board of Trustees and ushers that volunteered their time to help people and assist our staff in making the services smooth. Perhaps most of all, I would like to thank everyone who contributed so generously to our High Holy Days Annual Appeal. Remember, it is not too late to support us and receive a tax deduction (December 31st is just around the corner). I view the appeal as my personal way of thanking our Temple for all it has done for me and my family, especially our children who get so much from all of our schools. For example, until my daughter was in college, I did not appreciate the post bar and bat mitzvah programs. We would ask her, “Where did you learn that?” and she would say in confirmation class. This would explain why our clergy teaches timely subject matters that some clergy do not. These are topics our teens are able to apply as they begin to make life decisions. Also, my son has become active in HRTY (our youth group) with all their fun teen activities and conventions. I am especially proud of his participation in the Mitzvah Corps where he went to Houston to help after the hurricane.

As we look past the High Holy Days, TBH always has many “excuses” to come to Temple: Mitzvah Day that helps others outside our Temple walls, special services (musical services, even just to say Kadish to remember our loved ones, etc.), programs, and projects. I encourage everyone to “be part of the solution” and take some sort of active role in a committee or event. It is a great opportunity to learn about our operations, the event, fellow members, and our TBH staff, and another way to feel good in helping others. Feel free to contact the Temple and let us know your interests.

I named this article “TBH Pride” for it is hard not to have pride when I see all of the things that the Temple has done for me, our children, our friends, our community (let us not forget the counseling center and the North Hollywood Interfaith Food Pantry), and around the world. How can anyone of us not feel some sense of pride?

As always, if you would like to discuss these activities or any other matters, please feel free to email me at President@TBH.LA.org.

The Jewish New Year’s services and celebrations started out with wonderful and thought-provoking services led by our Rabbis. Thank you Rabbi Hronsky and Rabbi Steinman: your messages inspire us to reflect, to remember, and to try and become better people than we were. Social action and an increased awareness of our social commitments are some of the themes that were so eloquently voiced. It is the Women of TBH’s commitment to try to meet your ideals. Hands4Hope was the New Year’s kick off for our WTBH social action committee. This wonderful organization offers help and guidance to impoverished school children that live in our community. Volunteers made three trips filled with school supplies. While we were bringing supplies to these very grateful families, they really were giving us the greater gift of reminding us how powerful giving tzedakah really feels.

WTBH gave our school children apples and honey to celebrate the High Holy Days. We want to thank Rachel Brachman for chairing that committee. Thanks to Shayna Alpert and her family, and many other volunteers from WTBH, and the ECE and Religious School parents, for preparing and delivering them. Another huge thank you also goes out to Arlene Balkin who created a beautiful logo presentation tag.

Celebrations are an ongoing fabric of our community. In conjunction with Brotherhood, we celebrated a paid-up Membership Dinner with great food and fun games (we still played Bingo), and we caught up with old and new friends. WTBH also gave our newly consecrated students stuffed Torahs to welcome them as important members in our community on Simchat Torah.

October was Breast Cancer Awareness Month. WTBH put out a pink-themed oneg at a Breast Cancer Awareness Shabbat. Also, thanks to Shayna Alpert’s organization, Temple members were invited to a special Temple-only event hosted by Nordstrom’s department store. The store opened up especially for us and we got fed and measured for bras.

November brings more fabulous activities. WTBH worked with the Temple to create a social justice Shabbaton. This is taking place on November 18 and open to all. November 14 is our night to come and learn how to make chocolate babka. Serious demonstrations and great food tasting will highlight this event. Participants are also going to take home the dough to make their own homemade babka. Don’t forget to sign up for this special evening. Space is limited! We also salute Brotherhood on their annual Thanksgiving Day Feast of Caring that is always very well attended.

December 3 brings the annual Chanukah Holiday Boutique. We are always getting new and exciting vendors to participate in this event. What an easy way to get all of your holiday shopping done in one place. Don’t miss this activity and mark your calendars for our latke lunch on that day!!! L’Shalom,

Leslie and Evelyn
The Plight of the Daily Report
Kathryn Jensen, TBH Elementary’s Head of School

Great educators have a deep desire to build a strong home/school connection. This partnership helps everyone but more importantly allows the child to thrive. Clear communication, shared language, and aligned expectations provide a foundation for students to succeed, but this connection can go sideways.

As an educator, I have watched many parents ask for a “daily report” on their child, especially when they are worried about misbehavior or work habits. I think this request is well-intended and the hope is to build a strong relationship between the school and the family but the “daily report” can really be a disservice to kids, teachers, and families. Let’s think for a moment about the adult parallel for the “daily report.”

Judgement – If your actions at work were reported to your spouse (or children) at the end of every day, how would you feel? Even an exemplary employee may feel insecure about someone watching over them and making judgement about their productivity and conduct.

Timing – Immediately following the end of the work day, how prepared would your manager be to report on your productivity and conduct on the spot? They might be tired, or busy brained, or hoping to head home themselves. Would they be able to accurately and fairly share useful insights about your job performance in the middle of your office lobby with other employees swirling around? Likely this is not the best time for a thoughtful performance evaluation and daily micro-reporting hardly seems kind. Generally, performance evaluations take place after thoughtful reflection and in a private setting for this very reason.

The Drive Home – After your spouse (or child) hears about every detail of your daily performance, how would it feel if they wanted to talk about your day all over again? What if you made a mistake at work, had a minor disagreement with a coworker, or simply had a bad day? Would you want to relive the details again on the drive home?

Negativity – Science has shown for every one negative interaction, five positive encounters are required for a net neutral experience. Human nature also tells us that when receiving mixed feedback, both positive and negative, we focus on and amplify the negative feedback and tend to ignore or even forget the positive commentary. Would a daily report at work cause you to feel more negative about your performance even if the reports were perfectly balanced or mostly positive?

When we think about the adult parallel to the “daily report”, it feels just awful. We certainly would not want this to be the norm at our workplace or home. The daily report would increase anxiety and fracture relationships. It is a poor method for reflecting on the overall performance or conduct of any individual and creates more harm than good. So what do we do instead? Think about what you would want. Parents and teachers should check in at set times in private settings every so often. Trust that educators will reach out in times of distress or concern and let kids step away from school when the day is over.

If you are interested in more thoughts from Kathryn, be sure to check out her blog "Influencing Education" at: jenseneducatingkids.wordpress.com

TBH Brotherhood

Giving Thanks
by Chris Dwyer & Mark Singer
TBH Brotherhood Co–Presidents

TBH Brotherhood looks forward to an active month of community service this November. Our main focus will be on our 17th annual Thanksgiving Day Feast of Caring event on November 23, in the Temple parking lot. For more information on the Thanksgiving event and to volunteer, e-mail us.

We will be conducting a contest for a new design for our Thanksgiving t-shirts which are used to identify our volunteers. The winner and new design will be introduced before the Thanksgiving event. Visit the Brotherhood page on the TBH website. Don’t worry, your gently used Thanksgiving t-shirts of yore will gain you admittance as a volunteer!

The winner and new design will be introduced before the Thanksgiving event. Visit the Brotherhood page on the TBH website. Don’t worry, your gently used Thanksgiving t-shirts of yore will gain you admittance as a volunteer!

Thank you to our volunteers who made the opening day of Religious School “Pancake Breakfast” so successful and enjoyable (see photo below). We also appreciate the work of our High Holy Days ushers and the “Break-the-fasters.”

Our thanks also to the “Sukka Putta Uppas,” and those who participated in “Spirits in the Sukkah” during Sukkah-Palooza. Your efforts made those holidays meaningful and enjoyable (see next photo).

The Women of TBH and Brotherhood 2017 Membership Dinner was a lively affair. We appreciated everyone's competitive spirit!

We still have some of our newly minted Brotherhood kippot available at no cost to you! All you have to do is fill out a short “interests” form and you too may posses this kippah of distinction. As always, Brotherhood seeks input on new ideas and activities...please contact us at brotherhood@tbhla.org.

Happy Chanukah and Happy New Year,
Mark and Chris
High Anxiety - A Level For Our Times
by Gussie Sitkin, MFT, Clinical Director of TBH at the Community Counseling Center

The title “High Anxiety” caught my eye in the September 2017 issue of “Counseling Today” as it was extremely appropriate in today’s world. The author, in her research, found that two-thirds of Americans are stressed about the future of our nation.

Uncertainty about the future and the lack of cohesion in America’s political and social landscape seem to have left many people living in a state of hypervigilance and suspicion, distrustful of those around them and prone to looking over their shoulders. The researcher adds that this atmosphere of anxiety is affecting how people feel about themselves and making them question whether they can trust their own instincts about “outsiders.”

A mental health counselor mentioned in the article finds what he calls a negative emotional climate which is taking its toll on many people in our country. He believes this climate is filled with revenge, resentment, and hatred and encourages violence and is harming to people’s mental health.

These feelings may spill over into people’s personal relationships and affect the way people relate to one another.

What can we do about this situation? This is the world we live in at present and how can we make changes for ourselves and our families so that our lives and the lives of our children are more in balance?

Counselors tell us that we need to find a way to disconnect and wind down from the events of our day. They recommend that when at home social media be put away for at least two hours before bed time. Read something light for yourself or to the children and discuss the events of the day with the family. Children should not watch violent or intense shows at night. Those images are hard to get out of our heads.

Other people may seek solace in exercise or seek enjoyment through art, music, or literature. At night may also be a good time for getting one-on-one time with loved ones. Some people may find that they may have to unfriend some people on Facebook or specify the terms under which they can meet or the topics they can discuss. Really aggressive people can be toxic, and people may have to evaluate what value does this person have in their life.

Techniques for overcoming stress when others have a different viewpoint from yours include minimizing spending time with them, setting boundaries as to what topics they may discuss, using breathing exercises, keeping a “first aid kit” with 3x5 cards that have helpful suggestions written on them such as “turn the station to music right now, take a walk around the block, look at a beautiful flower”, and so on. Another antidote for high anxiety often involves taking action such as volunteering with like-minded individuals so that one doesn’t feel so alone with one’s thoughts and struggles.

And, let’s not forget to talk to a professional for more helpful ways to be in today’s world.

For more help about the subject, call (818) 762-4817.

Food Pantry

Paying It Forward
by Leslye Adelman, The North Hollywood Interfaith Food Pantry

To all who brought full bags of groceries, thank you so much. To those who haven’t gotten around to going to the market yet, it is never too late. Think of NHIFP when you do your Thanksgiving meal shopping.

This is a great time of the year to volunteer. I’ve already had scouts, students in need of community service credits, and newbies who heard about the pantry during the holidays, contact me about helping. I can be reached at gentlenurturing@me.com.

Paying it forward has many definitions. For the pantry, when you donate food, and sort or pack groceries, the food is distributed to those in need and you have paid it forward big time.

Don’t forget the Thanksgiving Eve Interfaith Service, 11/22, 7:30 pm, at Church of the Chimes (corner of Magnolia and Hazeltine.) The theme is “Vision of Hope-People Helping People,” and we are looking forward to a very spiritual, interfaith evening, appropriate for your entire family. See you there! ♦
Feed the Hungry on Thanksgiving

Community volunteers cook, set–up, and serve over 500 meals on Thanksgiving Day. Financial donations are welcome to help fund the feast.

Will you help fund the feast?

Yes! I want to feed the hungry! Here is a Thanksgiving gift of:

- $10 to feed 5 people
- $20 to feed 10 people
- $40 to feed 20 people
- $______, a donation that is meaningful to me, to feed as many people as possible.

Please return this form to:
Temple Beth Hillel
Brotherhood,
12326 Riverside Drive,
Valley Village, CA 91607

Donate online at: tbhla.org/donate

Volunteer via email at: brotherhood@tbhla.org
Chanukah Holiday Boutique
Sunday, December 3
9:00am-3:00pm
Your one-stop holiday shopping experience!

Gift Shop Specials
Unique Vendors
One-of-a-Kind Gifts

- Jewelry, Clothing
- Art Glass, Pottery
- Chanukah Supplies
- Candles
- Soaps
- Jams
- Books
- Judaica

Gourmet Bake Shop
4 Kids Only Shop
Boutique Food Court
- Homemade Latkes
- Salads
- Sandwiches
- Hot Dogs
- Starbucks Coffee

Free gift with gift shop purchase!

Temple Beth Hillel
12326 Riverside Dr
Valley Village, CA 91607
(818) 763-9148

tbhl.org/community/sisterhood
Chanukah at Home: Candle–Lighting Times and Blessings

Chanukah begins at sunset on December 12 and the last night to light candles is December 19.

Lighting:
Candles are added from right to left, but lit from left to right—the newest candle is lit first.

First light the shamash (helper candle); then use it to kindle the rest of the Chanukah lights. On Shabbat, light the Chanukah candles first followed by the Shabbat candles.

The Blessings:

Baruch atah Adonai, Eloheinu Melech ha’olam asher kid’shanu b’mitzvotav v’tzivanu ladlik ner shel Chanukah.

We praise You, Eternal God, Sovereign of the universe; You make us holy with Your mitzvot and command us to kindle the Chanukah lights.

Baruch atah Adonai, Eloheinu Melech ha’olam she’asah nisim la’avoteinu ul’imoteinu bayamim haheim ba’z’man hazeh.

We praise You, Eternal God, Sovereign of the universe; You showed wonders to our fathers and mothers in this season of days of old.

On the first night only, we add:

Baruch atah Adonai, Eloheinu Melech ha’olam shehecheyanu v’kiy’anu v’higanu laz’man hazeh.

We praise You, Eternal God, Sovereign of the universe; for giving us life, for sustaining us, and for enabling us to reach this season.
Mark a birthday, bar or bat mitzvah, anniversary, seder or special occasion with a donation to Temple Beth Hillel. Make your choice from the funds, which are listed below, then send your tribute and payment to:

Temple Beth Hillel, 12326 Riverside Drive, Valley Village, CA 91607

Please include the name and address of the person you are honoring, so that we can send a special acknowledgment card in your name. You can also make your donation online at tbhla.org/donate.

Clergy Funds
• Rabbi Sarah Hronsky Fund
• Rabbi Eleanor Steinman Fund
• Cantorial and Music Fund
• Emeritus Rabbi Jim Kaufman Fund

School and Youth Funds
• Beth Hillel Day School
• Elementary School
• Early Childhood Education
• George Friedman Shofar Fund
• Religious School
• Scholarship
• Campership

Community Outreach Funds
• North Hollywood Interfaith Food Pantry Fund
• Community Counseling Center Fund
• Moses Fund
• $360 Construction Fund
• Tree of Life Fund
• Endowment Fund

A complete list of Temple funds is available online at tbhla.org/donate.

Remember—all donations are tax-deductible!

Please note that all contributions listed are through October 12, 2017.

Please visit tbhla.org/donate to contribute. Thank you.

TEMPLE FUNDS

In gratitude, we acknowledge the contributions of our friends to the mission of Temple Beth Hillel.

RAZI SARAH HRONSKY’S FUND
In Loving Memory of
Norma Neiman, by Freddie Goldberg
Sofie Altman, by the Kaiserman Family
Emmy Lou Bartenstein, by Evelyn Lever
Gidi Zillerstein, by The Turbow Family
Martha Lee Colman Hubbard, by Leslie Anderson
Norma Neiman, by Sheila Milov
Get Well Wishes to
Barbara Weiss, by Sheila Milov
Samantha Robbins, by Sheila Milov
Jean Pearlstein, by Sheila Milov
Jeannine Esban, by Sheila Milov

In Honor of
Rabbi Sarah and Yuri Hronsky, by Barbara and David Moritz
Amelia Rose Cane, by Lynn and Mark Cane

In Appreciation of
The TBH Staff, by Lindsay Cummings
Barbara and Mark Singer’s 45th Anniversary, by Sheila Milov
In Appreciation of Rabbi Sarah
by Jodie and David Reff
by Martin White
by Rebecca and Brandon Cane
Donations
by Sheila Beller

RAZI ELEANOR STEINMAN FUND
In Honor of
Rabbi Ellie Steinman and Denise Eger, by Barbara and David Moritz
In Appreciation of Rabbi Ellie
by Mindi Levins-Feiler and family
by Alexandra Glickman

EMERITUS RABBI KAUFMAN’S FUND
In Loving Memory of
Barbara Levine, by Leslie and Clark Perry
Annie Berman, by Tari and Moshe Kaiserman and family
In Honor of
Anisa Sterman, by M. Bruce Gumbiner
In Appreciation of Rabbi Jim
by Harriet Newton
by Larry Serot
by Irwin Pomerantz
by Leslie Adelman

DAY SCHOOL FUND
In Loving Memory of
Mollie and Francis Keays, by Marilyn Morris

EARLY CHILDHOOD EDUCATION FUND
In Loving Memory of
Marsha Franklin, by Tobie and David Schneider
by The Turbow Family
by The Chasek Family
by Barbara and Howard Pratt
by Susan Pasternak, Larry Picus and Matthew
by Rachel and Marc Ehrich
In Honor of
David Cohn’s 50th birthday, by Stacy Weiss

ROEN & JOHN PASTERNAK FUND
In Loving Memory of
Frieda Gerstein, by Susan Pasternak and Larry Picus
Harold Gerstein, by Susan Pasternak and Larry Picus
In Honor of
Ashton Soleiman’s Bar Mitzvah, by Kathryn Jensen

NEIL J. GITTELMAN FUND
In Honor of
Irving Gittelman’s 92nd birthday, by Barbara Kramer

MEMORIAL AND TRIBUTE FUND
In Loving Memory of
Corinne Alkin, by Jodie and David Reff
Norma Neiman, by Arlene and Frank Balkin
Fannie Jenkins, by Sid Jenkins
Harvey Haimovitz, by Jo and David Haimovitz
Jack Ortzman, by Jo and David Haimovitz
Bob Groswirth, by Dolly Groswirth
Arnold Katz, by Fay and Lester Bass
Ralph Tuckman, by Rosalind Tuckman
Sharon Quinn, by Tobie and David Schneider
Pearl Gole, by Arlene and Sandy Weinstock
Robert Cohn, by Arlene and Sandy Weinstock
Jean Weinstock, by Arlene and Sandy Weinstock
Arthur Weinstock, by Arlene and Sandy Weinstock
Laurel Katz, by Francine and Hal Wiener
Warren Spivak, by Tobie and David Schneider
Bernard Reder, by Marina Marvin
Cherie Tite, by Sue and Bud Balkin
Roger Sirota, by Jill and Matthew Sirota
Sarah Rubinowitz, by Lyn Rabin
Joseph Weiner, by Jo and David Haimovitz
Anna Toledo, by Sarah and Charles Alexander
William Homann, by Karen Stern
Linda Spiegel Silverman, by Lies and Andrew Spiegel
Vacheslav Vizel, by Klara Vizel
Phyllis Weiner, by Jo and David Haimovitz
Emile Boser, by Ann Boser
Bernard Reder, by Orly and Glen Reder
William Harris, by Sylvia Marcovitch
Victor Weiss, by Lori Weiss
Milo Sinter, by Valentina and Gene Greenberg
Barbara Levine, by Bobbe and Ben Tadelis
Rose Chaplan, by Bobbe and Ben Tadelis
Arthur Maler, by Helen Maler
Steven Maler, by Helen Maler
George Silverman, by Rita and Herb Silverman
Joan Ross, by Marcia Ross
Larry Zoller, by Dolly Groswirth
Gregory, Polina, Fanya, Sonia and Yan Tialyi, by Ludmila and Alex Voskoboynik

In Honor of
Jackie Cohn’s 80th birthday, by Carol and Bob Lesser
David Cohn’s 50th birthday, by Carol and Bob Lesser
Donations
by B. Fridman Family

MOSES FUND
In Loving Memory of
Sylvia Schneider, by Tobie and David Schneider
Malvane Peck, by Ari and David Schneider
Get Well Wishes to
Jennifer Brown, by Tobie and David Schneider
Evelyn Leve, by Tobie and David Schneider

NORTH HOLLYWOOD INTERFAITH FOOD PANTRY
In Loving Memory of
Nettie Goldman, by Natalie Goldman
The mother of Mandy Blumenfeld, by Zan Fraitlich and Howard Blumenfeld
Phyllis Weiss Levin, by Susan Pasternak, Larry Picus and Matthew
Coral Cohen, by Susan Pasternak, Larry Picus and Matthew
In Loving Memory of Norma Neiman
by Susan Pasternak, Larry Picus and Matthew
by Zan Fraitlich and Howard Blumenfeld
by Barbara and Mark Singer
by Leslie Adelman
Get Well Wishes to
Jeanine Esban, by Arleen and Manny Bernstein
In Appreciation of
Rabbi Eleanor Steinman, by the Zimmerman family
Donations
by Dolly Groswirth
by Marion Misichel-Wilson
In Honor of
The birth of Ari Theil, by Susan Pasternak, Larry Picus and Matthew
Ellen Hurwitz’s 50th birthday, by Andy Henry and Rabbi Shana Leon
Marcia Friedman, by Leslie Nathan and Michael Heiss
Joyce and Harvey Reichard, by Rabbis Denise Eger and Ellie Steinman
Jackie Cohn’s 80th birthday, by Nickie Bryar and Glenn Block
David Cohn’s 50th birthday, by Nickie Bryar and Glenn Block
Michael Kramer, by Barbara Kramer
Refuah Shleimah
In Our Community...
Wishing a full and speedy recovery to...
• Lisa Fredlender
• Bob Howell
• Eunice Kerman
• Barbara Weiss
• Evelyn Lever
• C. Jean Pearlstein
• Jennifer Brown
• Allison Witten

Condolences To...
• the Bardens family on the death of Susan Boyer
• the Slome family on the death of Irving Bear Slome
• the Belson family on the death of Sharon Quinn
• the Brodsky family on the death of Laurel Brodsky
• the Peck family on the death of Malvina Peck
• the Weiss family on the death of Phyllis Weiss Levin and on the death of Carl Cohen

We Proudly Welcome
• Sybil and Byron Kohn and grandchildren Uziel, Aurora, Miranda, Natania, and Raquel
• Rachel Mass and Aaron Resnik and son Asher
• Lindsay and Michael Nesmith and sons Jacob and Elijah
• David and Luz Engman and children Audrey and Nathan
• Matt and Mariah Leavitt and children Kinsley and Declan
• Tom Herschko and son Jonah
• Russell Friedman and Debbie Besner and sons Blake and Sloane
• Marion and Robert Wilson
• Flinn and Jennifer Flexer and children Ryan, Will, and Sadie
• Michael and Kim Raznick and daughters Kaila and Ruby
• Steve and Melinda Gordon and sons Alexander, Benjamin, Owen and Samuel
• Joseph and Sherry Shavit and children Joshua and Rebecca
• Erik and Dafna Levis and daughters Elodie and Noemi
• Francine and Hal Wiener
• Zachary and Felicia Justman and daughter Elizabeth

Mazal Tov on These Special Wedding Anniversaries
• Robert and Esther Winard—30th
• David and Jodie Reff—30th
• Mathew and Gislene Weig—10th

Mazal Tov
• Eric and Shannon Weiss, and sister Tinsley, on the birth of Mika Weiss.

Oct. 18, 2017
The Muralist, B.A. Shapiro

Nov. 15, 2017
The Handmaid's Tale, Margaret Atwood

Dec. 20, 2017
Here I Am, Jonathan Safran Foer

Jan. 17, 2018
Marriage of Opposites, Alice Hoffman

Feb. 21, 2018
The Righteous Mind: Why Good People Are Divided by Politics and Religion, Jonathan Haidt

March 21, 2018
Suddenly, Love, Aharon Appelfeld

April 18, 2018
Sapiens: A Brief History of Humankind, Noah Harari

May 16, 2018
We Were the Lucky Ones, Georgia Hunter

June 20, 2018
How to Be A Muslim: An American Story, Haroon Moghul

Wedsdays
7-8:30 p.m.

Speaker Series Event
Purposeful Parenting
Tuesday, November 7 • 9:15am
Immediately following the ECE Community Assembly
In the Feldman Horn Mercaz
Everyone is Welcome

• Learn to emphasize self-confidence & independence
• Get your toughest questions answered
• Discover easy and practical strategies you can implement immediately

RSVP to samantha@tbhla.org
Temple Closures for Nov.-Dec.

Please be advised that the main office and schools will be closed on:
- Fri., Nov. 10 - Veterans Day
- Wed., Nov. 22 - Schools Only
- Thu. & Fri., Nov. 23 & 24 - Thanksgiving
- Mon., Dec. 25 - Christmas (observed)

Tuesdays, December 5, 19, 26
12:30 p.m.
Adult Ed: Torah Tuesdays
Join us in the Feldman Horn Mercaz for an evening of babke baking, demonstrations, and tastings. RSVP to sisterhood@tbhla.org.

Wednesday, December 20
7 p.m. - 8:30 p.m.
Adult Ed: Book Club
Join us for a discussion of the book *Here I Am* by Jonathan Safran Foer led by Rabbi Ellie Steinman. Meeting monthly through June; check calendar for upcoming dates.

Adult Ed: Basic Judaism Classes
Sundays, Dec. 3, 10 & Jan. 7
10:30 AM–12:00 PM

This class is an introduction to Judaism and the perfect refresher. Who is a Jew? What are Torah, Midrash and Talmud? We will cover these questions as well as topics such as the many Jewish views of God, the Jewish approach to life and death, the Jewish calendar and festivals, and much more.

Fee: Members $60/Non-members $120
Visit bethhillel.info for more information.

Lunches for Bunches Volunteer Event at TBH on Oct. 7

Their efforts helped to feed 100 people in need.

Upcoming volunteer events in our partnership with PATH are on Nov. 12 and Dec. 10.
To volunteer, contact andreachasek@gmail.com.

TBH Calendar of Events

Please be advised that the main office and schools will be closed on:
- Fri., Nov. 10 - Veterans Day
- Wed., Nov. 22 - Schools Only
- Thu. & Fri., Nov. 23 & 24 - Thanksgiving
- Mon., Dec. 25 - Christmas (observed)

Tuesdays, November 7, 14, 21, 28
12:30 p.m.
Adult Ed: Torah Tuesdays
Join us in the Feldman Horn Mercaz for adult Torah study with clergy. Welcome to bring your lunch.

Wednesday, November 15
7:00 p.m.
Adult Ed: Book Club
Join us as we will discuss *The Handmaid’s Tale* by Margaret Atwood led by Jean Pearlstein. Meeting monthly through June; check calendar for upcoming dates.

Thursday, November 23
11:00 a.m.
17th Annual Brotherhood Thanksgiving Community Feast
Brotherhood and volunteers serve the needy in our community. To assist, contact brotherhood@tbhla.org.

Sunday, December 3
9:00 a.m. - 3:00 p.m.
Chanukah Holiday Boutique
See page 8 for details or contact WTBH for more info: sisterhood@tbhla.org.

Tuesdays, November 7, 14, 21, 28
12:30 p.m.
Adult Ed: Torah Tuesdays
Join us in the Feldman Horn Mercaz for adult Torah study with clergy. Welcome to bring your lunch.

Saturday, November 18
8:30 a.m. - 3:30 p.m.
Social Justice Shabbaton
See front cover for more information or sign up at bethhillel.info.

Sundays, December 3 & 10
Adult Ed: Basic Judaism
This course over 3 Sundays costs $60 for members, $120 for non-members. Sign-up at bethhillel.info.

Tuesdays, December 5, 19, 26
12:30 p.m.
Adult Ed: Torah Tuesdays
Join us in the Feldman Horn Mercaz for adult Torah study with clergy. Welcome to bring your lunch.

Wednesday, December 20
7 p.m. - 8:30 p.m.
Adult Ed: Book Club
Join us for a discussion of the book *Here I Am* by Jonathan Safran Foer led by Rabbi Ellie Steinman. Meeting monthly through June; check calendar for upcoming dates.
High Holy Days 5778 at TBH

Tashlich/Havdalah

Sukkah-Palooza

Simchat Torah
The assisted living services at The Village at Sherman Oaks Senior Living Community are about the whole family and the whole YOU. Of course, we can help you with your daily needs. But did you know you will also have options for fitness, socializing, healthy fine dining, and more? And services are tailored to you, so you'll get just the right amount of help you need, when you request it. But the best part? No matter if you need a little help or a lot, the difference you'll feel will be amazing.

Please call The Village at Sherman Oaks to schedule your complimentary lunch and tour.

Over 20 years serving the San Fernando Valley

Bar/Bar Mitzvah Celebrations ~ Weddings
Corporate Events
Baby Namings ~ Luncheons ~ Showers

Please call Scott Tessler when planning your next simcha
818-996-2911

SilverSpoonsCateringInc.com

<table>
<thead>
<tr>
<th>Size</th>
<th>1x Rate</th>
<th>5x Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full Page</td>
<td>$450</td>
<td>$295 (annual)</td>
</tr>
<tr>
<td>Half Page</td>
<td>$310</td>
<td>$195 (annual)</td>
</tr>
<tr>
<td>Third Page</td>
<td>$260</td>
<td>$140 (annual)</td>
</tr>
<tr>
<td>Sixth Page</td>
<td>$160</td>
<td>$80 (annual)</td>
</tr>
<tr>
<td>Ninth Page</td>
<td>$95</td>
<td>$60 (annual)</td>
</tr>
<tr>
<td>(business card)</td>
<td></td>
<td>$300 (annual)</td>
</tr>
</tbody>
</table>
A little help. A big difference.

The assisted living services at The Village at Sherman Oaks Senior Living Community are about the whole family and the whole YOU.

Of course, we can help you with your daily needs.

But did you know you will also have options for fitness, socializing, healthy fine dining, and more? And services are tailored to you, so you’ll get just the right amount of help you need, when you request it.

But the best part? No matter if you need a little help or a lot, the difference you’ll feel will be amazing.

Please call The Village at Sherman Oaks to schedule your complimentary lunch and tour.
Mitzvah Day
January 14 at Temple Beth Hillel

Stay tuned for more details coming in future e-Blasts and on our website!

- Activities for all ages
- Caring for those most in need in our community
- Collection of supplies in Lower Lobby
- And much more!